



ECHHO NEWSLETTER

April 2010

Volunteering is the ultimate exercise in democracy.

You vote in elections once a year, but if you're a volunteer, you vote every day about the kind of community you want to live in.

In March, our volunteers gave a combined total of **301 hours** of their time, and drove a total of **3,943 miles** to provide **113 care receivers** with rides to medical, dental, legal and social appointments as well as helping with errands, shopping, chores, home repairs and friendly visits. ECHHO also provided **115 pieces of medical equipment** to our friends and

neighbors who cannot afford to buy or rent them. Included were walkers, wheelchairs, bath chairs, bed tables, hospital beds, canes, commodes and a Hoyer lift for transporting immobile patients from their beds or into their beds. We also loaned out power chairs and scooters to help people with limited mobility. We are truly making life better for so many people!



In April, many generous friends of ECHHO donated badly needed medical equipment. We had a lot of bath benches and walkers checked out to care receivers and our available inventory was running low. Fortunately, grateful friends and family of our care receivers came through and gave several of these items to us.

Also donated were motorized handicap scooters and power wheel chairs. These are expensive pieces

of equipment and their donation to ECHHO illustrate just how much our service is appreciated and valued. We would like to thank our Port Townsend business friends **Les Schwab Tires** and **Solar Motive** who each donated batteries for the scooters and chairs. We still need more batteries. If you can help with these, please contact our equipment manager Walt Hill for details.

We would like to extend a special **Thank You!** to the Bluebills for once again facilitating the Gifts in Kind/World Vision donations which help us so much. We are grateful for the donations of bath chairs and office supplies received this April which will help us continue to provide ECHHO's services which are vital to so many in our community.

ECHHO NEEDS VOLUNTEERS!

Please contact us to find out how you can help those in need and remember –
unselfish and noble actions are the most radiant pages in the biography of souls.
Volunteers don't get paid, not because they're worthless,
but because they're priceless!

To make a monetary donation, mail your check to ECHHO, 1110 Jefferson St., Port Townsend, WA 98368

If you would like to donate medical equipment or volunteer, please call us at (360) 379-3246

or email us: echhopt@qwestoffice.net **Thank You for your support!**

Coming Soon - watch for our new brochure!